

GWC 10k & Festival for CLIC Sargent

These Rules apply to the event unless stated otherwise.

All supporters must abide by Rules and instructions displayed or given by officials.

1. Entry fees are non-refundable unless the organisers changes the date and you are no longer able to attend. In these circumstances refunds will be issued at the discretion of the organisers.
2. There are only 360 spaces for the walk/run and once filled, no further spaces will be offered. Emergency contact details will be required at the time of booking.
3. All participants, volunteers and spectators agree that they are happy for their names and any video footage, stills or photographs taken during the events to be used to publicise the Event and for commercial and fundraising purposes including, but not limited to, television broadcasts, advertising, publications, marketing material, personalised direct mail and other documents that may be made available to the public. No personal details (including names) of an under 16-year-old participant will be used in any publicity materials without the written consent of the under 16 year old's parent or legal guardian. The organisers may appoint third party photographers to take photographs at the event. By registering a participant under the age of 16 (or allowing an under 16 year old to take part in an event), you confirm that their parent/ legal guardian is happy for their images to be used in the manner described in the section above.
4. During the sign up process, we will require emergency contact details and details of any medication being taken which will be added to the back of your allocated number card.
5. In the case of an emergency the organisers may use the emergency contact details you provided to us at sign up and/or the emergency contact details on the reverse of your official bib number. Any participant unsure of their physical ability to take part in an event should take medical advice from a GP prior to the event.
6. All participants enter the event do so entirely at their own risk. CLIC Sargent and the organisers shall not be liable for any injury, lost, damaged or stolen goods including equipment whatsoever other than in respect of death or personal injury arising as a result of CLIC Sargent or the organisers negligence.
7. CLIC Sargent and the organisers take all reasonable steps to minimise the risk of injury to participants during fundraising events. Risk assessments are in place for the event to minimise or eliminate any risk. However, by taking part in an event, you acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks. If you have any concerns or queries please contact us before agreeing to take part in an event. All spectators need to follow safety advice and do so entirely at their own risk.
8. First aid facilities will be provided at the event. Participants consent to their details (which will be obtained by medical providers) being passed to CLIC Sargent and/or the organisers. CLIC Sargent and the organisers shall only use these details for administration and health and safety purposes and to fulfil its legal obligations, including those under the Reporting of

Injuries, Diseases and Dangerous Occurrences Regulations 1995. All medical details will be held securely. The information will be handled in accordance with the terms of the Data Protection Act 2018.

9. No refunds or exchange will be given on T-shirts / Vests purchased.
10. All participants wanting to take part in a wheelchair/mobility scooter may enter the walking group. Participants with a pram/stroller will be asked to start at the back of the walkers to ease congestion. Participants can take part with their dogs as long as they are kept on a lead and under your control. Any fouling should be cleared up and the appropriate bins used. Water bowls will be provided at the water stations along the route. Walkers with dogs will be asked to start at the back of the walkers to ease congestion.
11. For safety reasons participants arriving late must abide by the instructions and decisions of the organisers.
12. We reserve the right to alter the course to accommodate any unexpected complications that may have an impact on the participants, volunteers and spectators. The course is slightly longer than 10k however there will be a CLIC Sargent Feather Banner to mark the 10k point. Medals and Check In point will remain at the finish line within the playing field. We will be going the Extra Mile for CLIC Sargent.
13. CLIC Sargent & the organisers asks that all participants along with their supporters do not use aggressive or abusive language or behaviour towards our volunteers.

Entry rules for CLIC Sargent Canal 10k participants:

Children under 12 - can participate in the walk only but must be registered by a parent/guardian and accompanied by a registered adult at all times.

Children between the ages of 12 and 15 years old - Must be registered by a parent/guardian and accompanied by a registered adult at all times

16 and 17 year olds - Can enter individually and do not need parental consent.

Over 18s - Can enter individually, as a group leader or as a responsible adult for under 16s.

Only registered participants are eligible to take part in the CLIC Sargent Canal 10k. Due to health and safety, medals can not be awarded to under 3s. UK Athletics (UKA) guidelines strongly advise that people of 15 years and under do not competitively race 10k distances. We will allow 12 to 16-year-olds to participate in the 10k Run, but they must be accompanied at all times by their parents or legal guardians.

Money can be raised on Just Giving www.justgiving.com/companyteams/26GWC10k or in cash with your paper Sponsorship Form. Any cash donations should be banked using the guidance instructions on the form.

You have a legal responsibility to ensure that all sponsorship received is paid to CLIC Sargent. Please ensure that all sponsorship forms are returned to CLIC Sargent using the address on the form.

Entry fees are as follows:

£5.00 Under 15's
£10.00 Adult Walkers
£13.00 Adult Runners

T-Shirts and Vests:

£6.50 Adult T-shirt
£5.00 Children's T-shirt
£9.00 Adults Running Vest